

## PERSONAL RIGHTS

The same rights for all...

- \* Choose where to live
- \* Vote
- \* Control your finances
- \* Marry, have children, divorce
- \* Make a will
- \* Have a fair trial
- \* Practice your religion
- \* Hold a license
- \* Be paid for work
- \* Choose your friends

## PERSONAL RIGHTS

- \* Decide how to spend your free time
- \* Choose your personal possessions
- \* Have visitors
- \* Visit family and friends
- \* Privacy for yourself and your visitors
- \* Send and receive mail
- \* Use the telephone
- \* Refuse to be filmed or photographed
- \* Be free from searches
- \* Express your sexuality
- \* Exercise your civil rights

... only the court can limit them



**INFORMED  
CHOICE**

**Making decisions  
about your life**

- Choices must be voluntary & free from coercion
- You must have all the information to make an informed decision

**INFORMED  
CHOICE**

- You must have the opportunity to ask questions and get answers
- You may choose – or refuse – any alternative presented

**Good information  
means good  
decisions!**

## PLACEMENT DECISIONS

### You decide your supports & services

- \* Attend & speak at any meeting about your placement
- \* Bring friends, relatives, a lawyer to a meeting
- \* Agree or disagree with decisions
- \* Leave your placement
- \* receive services close to your home
- \* Live with the least restrictions placed upon you

## PLACEMENT DECISIONS

- A service plan developed just for you
- The right to refuse any medication, treatment, or service
- Services which promote your independence
- Privacy during treatment
- Quality services

These are  
your rights!

## ADDITIONAL RIGHTS

### You cannot be ...

- Physically or chemically restrained
- Physically or verbally abused
- Forced to take drugs to control your mood
  - Ignored for your needs
    - Put in a room alone

## ADDITIONAL RIGHTS

Physical restraints or medication may only be used when other methods to prevent harm to you or others have failed.

Restraints must be written into your plan and approved by you

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# BASIC RIGHTS

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treated with respect  
free from abuse, neglect,  
exploitation  
not discriminated against

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### Instructions:

You will need three sheets of paper for each mobile. Use heavy card stock and a color printer for best results. Print pages 1 & 3 back to back and pages 2 & 4 back to back.

Cut all objects along solid lines. Cut pages 1 & 2 on dotted line and insert into each other forming a three dimensional diamond. Secure with clear tape. Cut page five on black lines and fold back on dotted line. Secure with tape. Punch holes at black dots and connect bottom of "Basic Rights" piece to top of 3D diamond with string. Connect bottom of 3D diamond to top of "Complaints" piece. Hang from top hole in "Basic Rights" piece.

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# COMPLAINTS AND CONCERNS

**Call Your**  
Service Coordinator, Human Rights Officer,  
or the Executive Director at  
Monadnock Developmental Services  
121 Railroad Street  
Keene, NH 03431  
603 352-1304

**Or**  
Client & Legal Services  
800 852-3345